

**"Dream Believe Work Achieve"**

**"Always Try To Be A Little Kinder Than is Necessary."**



## **Knowlton Academy Welcomes You Back To School!**

August 29, 2019

Dear K.A. Families,

Welcome to our 2019-2020 school year. I hope your summer was lovely, spending special times together as a family. I never stop pinching myself at how lucky I am to be Principal of this wonderful school. Knowlton Academy is truly amazing. We are so fortunate to be part of and supported and surrounded by a very warm, generous family/community. As I say each year, we will envelope your children with love, helping them to grow as both learners with a keen sense of curiosity and as caring children of the world. Once again, the classes will be brimming over with new learning adventures and lots of laughter and wonder! This year, we are fortunate to have just about our whole team of teachers and support staff back – and what a strong team we are. We are welcoming one new wonderful teacher who actually did her student teaching with us. Please continue to be involved in your children's education, helping them to have a truly joyous, successful year. Please feel free to stop by, call or email ([gorer@etsb.qc.ca](mailto:gorer@etsb.qc.ca)) if you need to speak to me.

Please read our newsletter carefully. It contains a lot of important information. Here's to another truly memorable, joyous school year.

Sincerely,

Renalee Gore

p.s. We have some exciting news to share with you. Read on!

*Kindness*

*"Shall we make a new rule of life... Always Try To Be A Little Kinder Than is Necessary"*

*J.M. Barrie*

This year, we will continue with our kindness focus. Last year, it did impact our students with most knowing and understanding both the quote and its importance. This year, we are starting our year focused on kindness. Activities will take place in our buddy groups and our kindness hearts will be displayed all down our front hallway. We will share some great books on kindness as well, one which I will read at our Day 1 assembly. Kindness and being a friend go hand in hand at K.A. We will continue to work hard to be an inclusive school/family for everyone.

Now here's our news!

Knowlton Academy Staff:

Please welcome our new teacher Emilie Quilliams to our K.A. family. She comes with so much to offer our students.

***Teaching Staff***

K French	-	Marie-Claude Lemieux
K English	-	Annie Butler
Cycle 1, Yr 1	-	Ann Staton
Cycle 1, Yr 1	-	Emilie Quilliams
Cycle 1, Yr 2	-	Jessica Thomson
Cycle 1, Yr 2	-	Lee Mosher
Cycle 2, Yr 1	-	Annie Lemay
Cycle 2, Yr 1	-	Sarah Lenz
Cycle 2, Yr 2	-	Isabelle Leroux
Cycle 3, Yr 1	-	Charlotte Coles Blumenfeld
Cycle 3, Yr 1/Yr 2	-	Kimberly Longpré
Cycle 3, Yr 2	-	Sue Garneau
Sec. 1	-	Sheila Perry
French Specialists-		Jessica Thomson, Ann Staton, Annie Lemay, Lee Mosher, Isabelle Leroux, Emilie Roy-Seguin, Kimberly Longpré
Staff Assistant -		Charlotte Coles Blumenfeld
Arts	-	Josée Bourbeau
PE C1 Yr – Sec. 1-		Nicolas Lemaître
PE K - C1 Yr 1		Emily Broadbent
Resource-		Audrey Paquette, Emily Broadbent (EI)

***Secretarial/Office***

Brenda Scott  
Heidi Bejcek

***Maintenance/Caretaking***

Margot Bédard  
Frank Bailey

***Daycare***

Debbie Melanson  
Brenda Rhicard  
Amanda Laviolette  
Shelley Judge

***Supervision:***

Debbie Melanson  
Brenda Rhicard  
Kathleena Ruel  
Alison Steel  
Lynn Plouffe  
Amanda Laviolette

***Student Support***

Lynn Plouffe	HSA
Josée Dufresne	HSA
Amanda Laviolette	SET
Kathleena Ruel	SET
Brenda Rhicard	HSA
Heidi Bejcek	HSA
Heather Croghan	READAPTATION OFFICER

**KA's new kitchen and cafeteria:** We are starting our school year with a brand new, gorgeous kitchen and cafeteria spear-headed, designed and turned into a reality over the summer by Kirk Lawrence, a treasured member of the Knowlton Community and KA Breakfast Program volunteer. Thanks to the amazing generosity of our community (in so many ways) the funding was raised and the work done in less than 2 months that allowed this amazing transformation. What a gift this is to the school, to our kids, families and to all the organizations who use the space throughout the year. I am constantly in amazement and gratitude for the unbelievable caring community that we live in. Thank you Kirk and thank you to the 'McKinnon family – Susan Bell, Judy Martin and Joan McKinnon' for all your support.

**Firedrills/Lockdowns:** We will have 3 fire drills this fall.(1 announced, 1 told to teachers and 1 unannounced) and 1 Lockdown. Last year, our lockdowns went so smoothly with the QPP, they were so impressed once again. The procedures will be reviewed and practiced with the students so when we do have our first one, the children will be prepared and comfortable. The second one later will not be announced. Please know that we have a very solid protocol in place and we take everyone's safety very seriously. Our priority is everyone in our building so in case of a practice lockdown or a (hopefully never) real one,

parents will only be notified afterwards. Once the police arrive, they totally take charge. Thank you for your understanding.

**Active Hallways:** Thanks to funding from the Town of Brome Lake, we installed 3 sets of active hallways circuits to help our students with self-regulation on all 3 floors. Thank you to Caroline Hui and Jess Thomson, Lee Mosher, Emily Broadbent and Marie-Claude Lemieux who helped Caroline with this project. The kids will love these. The stair backs have numbers, fractions, times tables, etc. to sharpen their minds as they walk up the stairs. What fun!

**50 Years of Skiing:** This year, we celebrate 50 years of our incredible ski program. And oh, what a celebration it will be. 50 years! Stay tuned!

**Physical Education/Sports:** Nicolas Lemaître will keep you updated on everything planned for the year from soccer to track and field – stay tuned.

**Arts:** Our Arts Program will continue to thrive under the guidance of Josée Bourbeau. Exciting projects planned for this year.

**Volunteering on Class Trips:** We greatly value our wonderful volunteers at Knowlton Academy. If you are volunteering on a class trip, **parents cannot bring younger or older children along.** Your focus must be on those students in your charge for the day. Thank you for your understanding and co-operation.

**Homework:** Our homework policy this year is different for Cycle 1, 2, 3 and Secondary 1. You will be getting a letter shortly regarding homework from your child's teacher. As the children get older, the expectations change. Please remember that **the more children read, the better readers they become. The more children write, the better writers they become.** Reading and writing can take many forms. We want your children to love coming to school, to be happy and to strive for excellence. We have high expectations for every child and adult at Knowlton Academy.

**A Reminder:** As a staff with Governing Board approval, we decided last year that if your children forget books, homework, ipads, gym clothes, musical instruments, permission forms, etc., they will not be allowed to call home to ask for the forgotten item to be brought to school and we will ask you NOT to come to the school to bring it either. The only exception will be lunches and any medication. Your child will learn to problem-solve, hopefully to pack their book bags carefully the night before and double-check for what is needed and hopefully will help build responsibility. Thank you for your co-operation. We also ask that all parents report to the office and that you do not go to the classroom as it disrupts the teaching.

**K. A. Secret Garden:** Our gardens are once again bursting with produce from its third growing season. Our students will be further incorporating our gardening program into their curriculum with the help of our co-ordinators Jen Ruggins Muir and Jen Harrison. It should be an exciting year. Our yummy healthy produce will be used both in our cafeteria and Bistro programs. Stay tuned for ongoing information. Thank you to Susan Muir for taking such good care of our garden once again this summer and sharing our produce with both our families, community members, Knowlton Food Bank and passersby on the path. Last spring, Heidi Neil, Lee Mosher and Emily Broadbent worked very hard to put together an excellent student garden curriculum in French and English. We will be expanding our garden projects this year. All students will have garden journals once again.

**Choir:** New members will be welcome to sign up soon and it will begin in late September/early October. More information to follow from Lucy Hoblyn, our choir leader.

**Student Parliament:** Once again, we will have a student parliament in Cycle 3 and Secondary 1. Last year's Parliament was amazing and learned many important leadership skills. I can't wait to work with this year's group. Sheila Perry will join me in working with this year's Parliament once again. We continue to be a 'We School' this year working to make a difference in our school community and further abreast in Canada and the world. We will have a separate "WE group" this year drawn from our 3<sup>rd</sup> cycle and Sec. 1 classes.

**Razia's Ray of Hope Foundation:** Meet our 3 girls that we are sponsoring again this year at the Zabuli Education Center for girls in Afghanistan. Asma, Kreshma and Benafsha. The girls are between 8 and 10 years old, finishing grade 3. I am very proud of our students for once again raising over 1260\$ last spring to make this possible. We have received our first letters of the year from our girls and the students will be writing back to them. When you come to school, the girls' pictures will be displayed by the front of the office. This is our fourth year sponsoring the three girls allowing them to have a full education and fulfill their dreams of becoming a broadcaster, teacher and doctor.

**Tutoring:** If your child needs tutoring, give us a call for recommendations.

**Nut-Free School:** Please note that Knowlton Academy continues to be a "Nut-Free School". We have students with **life-threatening allergies** to nuts. Therefore, it is imperative that **no food products containing nuts come to school**. While this may be an inconvenience to some, we appreciate your full cooperation for the safety of all of our students. Please verify food labels carefully so as not to endanger the lives of these students.

**Cafeteria Services:** Once again, Wanda Willis will be in charge of the cafeteria and a complete meal may be purchased for \$5. See menu for additional prices. The cafeteria services began on August 29. You may send in money on each day that your child will have lunch or you may send in any amount and Wanda will deduct as the child uses the service. **This year, there will be absolutely NO CREDIT. In the event that your child forgets his/her lunch, you will be asked to bring a lunch or money by snack-time at 10:20.** Please note that the microwaves are available only to **reheat** leftovers that are

already precooked (**no frozen dinners, please**). Microwave popcorn is not permitted. We encourage all students to use re-usable containers in the lunchbox in order to limit the amount of items going into the trash and to help save the environment. Lunch for K – 3 is at 11:40, Grades 3/4 to Sec. 1 is at 12:10. **The cafeteria will no longer be loaning out cutlery for students bringing lunches from home.** They have lost too much cutlery. **Please send your child with cutlery as needed from home.**

**No plastic straws at Knowlton Academy:** This is our second year of being a plastic straw free school at K.A. The Governing Board passed a resolution and the cafeteria is on board, as well. Please do not send juice boxes with plastic straws to school. There are other alternatives available. Thank you for your cooperation in this small step in helping our environment, our oceans and our sea life.

**Composting:** We will be composting again this year.

**Breakfast Program:** Once again, thanks to many donations and our wonderful group of volunteers, we will again be offering a free Breakfast Program. It started on Tuesday, September 3 **from 7:55 to 8:10 a.m.** A huge thank you to all the volunteers for their continuous help in this program. We once again will be supported by our “Breakfast for Learning Grant for 2019-2020 which will continue to allow for fresh fruit and more variety in our menu! Also, thank you to the Masons for their continued support for our Breakfast Program.

**Buddy classes:** Once again this year, all classes have a buddy class to do varied activities with on a regular basis. KL-4L, KB-3L, 1S-5/6L, 1Q-7P, 2T-4N, 2M-5B, 3LZ-6G, Secondary 1’s will also be special buddies to our kindergarten students, helping them whenever needed. Each younger class has older buddies that they really bond with over the year.

**About My Child:** Please take the time to fill out this very important sheet you will find in your package telling us all about your child as only you can. The information is priceless! Please send it back within the next few days.

**School Photos:** School photos will take place on **Tuesday, October 8, 2019.** **Students must wear school uniforms.** Date for retakes to be confirmed.

**“Meet the Teacher Night” and Annual General Assembly for K.A. 2019-20**

**Governing Board:** Our Meet the Teacher and Governing Board Elections will be held on **September 12, 2019 beginning at 6:00 p.m.** in the gym and ending by 8 :00 p.m. Our 2019-20 Parent Participation Organization (PPO) will also be formed that evening. I strongly urge parents to become involved in our Governing Board or PPO. We will have some open seats on Governing Board and PPO is unlimited. Both bodies are crucial to making Knowlton Academy the wonderful school it is! To contact PPO, email Kimberlea at [kimberlea\\_whitehead@hotmail.com](mailto:kimberlea_whitehead@hotmail.com)

In an effort to accommodate parents with more than one child, the teachers will be available offering 2 sessions where you will have an opportunity to meet them and to become more familiar with the program and class procedures. Please understand that there will not be an opportunity to discuss individual students. If you have specific concerns regarding your child, please call the teacher or Mrs. Gore.

**Knowlton Sparks, Brownies, Guides 2019-2020:** Watch for an invitation on Monday, Sept. 16, 2019 for our FREE Try Sparks, Try Brownies meeting to be held on Tues. Oct. 1<sup>st</sup>, 2019 from 3:00 PM to 4:30 PM and our FREE Try Guides meeting to be held on Thurs. Oct. 3, 2019. 3:00 PM to 5:00 PM. To attend, just complete and return the invitation in the envelope to your home room teacher by: Mon. Sept. 23, 2019.

**Terry Fox Run** will be held on September 29 at 1:00 pm. More information will follow.

**Mrs. Gore's Birthday Celebrations:** Birthdays are celebrated at the end of each month. Each child gets a card and a special book of their choosing from Mrs. Gore. August is celebrated with September and July with June.

**Consumable & Supervision Fees:** You will receive your Supervision/Consumable fees on Monday. Payment is due by **September 30, 2019 and beginning this year, on-line payments are accepted through certain bank institutions.** If you are unable to pay fees in one payment, **please see the office to set up a payment plan.** Take note that all outstanding fees will be sent to a collection agency. Our fiscal year ends June 30, therefore we cannot accept payments after June 1. In the event of an NSF cheque, you are responsible for the \$7 charge as well as the original amount. This amount is to be paid in cash and all future payments will be in cash only. We will be contacting some families directly.

**Homework Program** Once again, there will not be an after school Homework Program this year. The monies are used for extra in-class support.

**Library:** Lucy McAuley and Kim Desrochers are once again co-ordinating the running of the library and are looking for volunteers to help replace books on shelves, sign books out and help with the 'literacy book bags', etc. Please let us know as soon as possible if you would be interested in volunteering some time.

**Family Literacy Bookbags:** Our wonderful Family Literacy Bookbag program will return once again this year with the help of Kim Desrochers. Families will receive an information package and sign-up sheet. This is a very special program allowing you to enjoy wonderful themed books, games and videos together as a family for a week at a time.

**Literacy:** Many of you know literacy is near and dear to my heart. To that end, I am continually buying new, wonderful books for the school and I read to the classes most Monday's and Tuesday's. Our Level 3 to Secondary 1 students all have Writer's Notebooks and our literacy program across the school is strong with extra support for students who need it. (including our wonderful Village Reads program where members of the community mentor a student 1 on 1 each week). We will be starting our year with our 'Kindness' focus.

**Village Reads:** We will once again be offering our Village Reads Mentoring Program. If you know someone who would be interested in becoming a mentor to one of our students in French or English helping with their reading and being a caring adult, please let us know. Sheila Perry will once again be our school co-ordinator for this special program.

**Daycare:** If you have not yet registered your child (children) in daycare and you wish to benefit from this service, please **call Debbie Melanson at 450-242-1336**. Please note that daycare opens at 6:45, closes at 5:30 p.m. Parents who wish to use the Daycare sporadically are reminded that a 24-hour advance notice is required and attendance will be granted if spaces are available on the requested date (we are required to respect supervision ratios).

**Students may also benefit from the Daycare Service on Ped. Days, regardless of whether they are regular daycare students or not.** The daycare staff and committee work very hard to provide interesting activities that make the Knowlton Academy Daycare an enticing option for Ped. Day childcare. Advance registration is required. Please contact the Daycare for further details.

### **Morning Entry**

**Daycare door** – Only daycare students and their parents are permitted to enter and will be buzzed into the building. This is in effect from 6:45 a.m. to 8:10 a.m. No other students or parents will be permitted to enter through this door.

**Please note that for all other students, supervision is in place as of 7:55 a.m. at which time the door will be open.** Students will not be admitted to the building prior to that time as there is no supervision. **\*For children who walk, bike or come to school by car, please make sure they do NOT arrive prior to 7:55 a.m.\***

**Please drop off your children by the daycare door. They can walk on the path to the front playground where they will be supervised until it is time to enter the school. As a rule, we ask that you leave your child on the playground and let them enter the**

**building on their own with the other students. No cars are permitted on the front driveway until the students are in the school.**

Parking space is often limited. Parents who are volunteering at the school are asked to **park along the grass at the back of the school, at the far end to the left of the orange signs so that buses may park** for the afternoon dismissal. Volunteers or guests may continue to use the “Visitor’s Parking” at the front of the school if they are arriving after 8:15 a.m. **Please sign in at the office upon arrival.**

In accordance with the School Board’s policies regarding safety measures in all the ETSB schools, a buzzer and video camera system is being used for entry to the school. You will have to press the button located to the right of the front door and wait for a voice response from the office or daycare before the door will be unlocked.

### **Afternoon Dismissal**

Front door- Parents arriving to pick up their children must **wait outside** until the supervising teacher opens the door for sign-out. This is in keeping with our Safe School Policy.

**Dismissal times** is now at **3:00 p.m.** and buses depart at **3:10 p.m.** In the best interest of **safety**, students being driven home at the end of the day will be dismissed at the **front door** rather than the basement. Parents (or the delegate as indicated in the note from parent) will be required to sign their child out with the teacher on supervision duty at the front door. **It is important that we receive a note from you indicating that the child is not to take the bus.** This note should be received no later than during homeroom on the day the child is to be picked up. **Phone requests will not be accepted unless for emergencies.** If your child will be picked up every day for the entire year, or for a specific period of time, one note indicating the dates where the child is to be picked up will suffice. These notes will be used to prepare the sign out sheet. **Please remember that without a note, the teachers will be directing children toward their regular transportation arrangements.** When picking your child up, please arrive for the 3:00 – 3:10 dismissal period and meet your child and the supervisor at the front door.

**Please understand that for safety reasons, no vehicles can enter the front driveway during recess (10:20 – 10:40) and lunch (11:40 – 12:40) and afternoon recess (1:40 – 2:00). All vehicles that need to enter during this time must use the Academy Lane entrance and then walk to the front door and buzz in using the office button. If there is no response, use the doorbell near the window.**

**After School Sports and Activities-** When they begin, parents coming to pick up their children should use the front door. If you need to arrive earlier, please use the buzzer system, or if there is no response use the doorbell. The activities supervisors will bring

the students to the front door. If your child is signed up for an activity, they will be expected to stay unless there is a **note** indicating otherwise.

**Daycare** – Please use the daycare door and buzzer system when you pick up your child. We thank you for your cooperation and understanding. Your children’s safety is a priority for us.

**Emergency Forms/Authorizations:** It is **imperative** that we receive accurate updated information, **including contact numbers where we can reach you or a delegate in the event of an emergency.** We continue to have a problem with families not providing us with this emergency information, or not updating the information in a timely manner and we cannot reach the parent when the child requires emergency intervention. **Please note that in cases where we have not received complete and updated information, we will act in the best interests of your child in an emergency.**

**Medication:** All prescriptions must have clear instructions and student identification on the bottle (pharmacy). If there is a change in medication, you must bring in a new bottle. Medication is kept in a secure, locked place and administered by SET personnel on staff. **You must fill out an ‘Administering Medication at School’ form before any medication is given out at school.** Please see the office.

**Personal Information/Address Changes:** If you have moved, or if you move over the course of the school year, you must notify us in writing of your new and complete address. Similarly, if there are changes in your child’s transportation arrangements, emergency contacts, custody arrangements, etc...we must be notified so that our records are accurate and up to date. Please contact the office immediately when you notice a discrepancy.

**For safety reasons, we are not permitted to let children leave with anyone other than a custodial parent or guardian unless we have signed, written permission from the designated guardian(s). If someone other than yourself is to pick up your child, please send a note to your child’s teacher.** Each year we are faced with difficult situations where the notification has not been provided to the school. We cannot stress how important it is to advise us in writing of any change. In addition, if alternative transportation is required, the request must be submitted in advance, as we cannot guarantee availability of alternate transportation.

Please note that non-custodial parents have access to school information pertaining to their child. Please send us a written request, containing complete mailing address, at the beginning of each school year.

**If a non-custodial parent is not to have access to information, then we require copies of the legal documents supporting this. Without this documentation, we are**

**required by law to share all school information with both parents and to permit the child to leave with either parent.**

**Alternative Busing: Children will not be permitted to travel on any bus other than their designated bus(es) through the month of September.** After this time, there may be restrictions for some buses due to available seating. Permission must be requested in advance if you wish your child to take another bus. Send a note in with the child to the Homeroom teacher. **Do not bring notes to the office or call during the day unless it is an absolute emergency.** For safety reasons, we cannot accept last minute telephone requests.

**Lockers:** Grade 4's, 5, 5/6 and 6 open lockers are downstairs. Backs will be put on them this year to make them more manageable. We will be getting some baskets, as well. It is recommended that gym clothes be hung in a cloth bag. Please do not send valuables or keep valuables in the locker area. If your Sec. 1 child wishes to use a lock, please send one from home, making sure **he/she provides the combination to his/her homeroom teacher.** K's to 3 have hooks and cubbies in the kindergarten basement area. Please reinforce to your child the importance of keeping his/her combination private. In the event that we must cut the lock from a locker (defect or correct combination not provided to the homeroom teacher...), the school will not assume the cost of lock replacement.

**Bistro:** Our wonderful Bistro program will continue this year under the guidance of Kathleena Ruel and Lynn Plouffe. We will let you know if we would like your child to participate in Bistro and what days Bistro will be.

**ELS:** Cycle 3 and Sec. 1 will be receiving chrome books this year. All of our other laptops and Ipads will be used by K to Level 4. We are preparing for deployment and the teachers will be informing their classes regarding the specific deployment times for their group. Please sign and return forms promptly. Insurance will not be offered this year. If a chromebook is lost or damaged, the family may be requested to pay a portion of the repair bill depending on circumstances. Please stress with your child that having a chrome book is a privilege. It is a tool to help their learning and must be treated with care. As well, it is to be used respectfully, not going to inappropriate sites or apps or sending or posting inappropriate or bullying messages. This will be closely monitored and chrome books will be taken away from any students who show inappropriate usage/behavior, including bullying behavior/messages on any social media sites or through emails. Please monitor your child's chrome book/home device/social media usage at home. We have over 80 ipads which will be put to great use in our K-4 classrooms. We also have 20 Mac books which will be used for our growing Robotics program. A government grant allowed us to purchase some exciting new Robotic equipment last year used both in class and in our Robotics Club.

**School Operation Hours:** Warning bell is at 8:05 and students should be entering the building at this time. **Classes begin at 8:10 a.m.** and end at 3:00 p.m. **For ALL students, it is important to arrive on time. Homeroom is very important and helps the child to start the day on the right note.**

We have a 60-minute lunch and continue to offer a 20-minute morning recess. New this year, we have a 20-minute afternoon recess, as well. The office public operating hours are 8 a.m. – 3h30 p.m. (closed for lunch from 12:10 – 12:40). **If you wish to meet with a particular person or the principal, we ask that you please call ahead to make an appointment except in the event of an emergency.** For safety reasons, all visitors must report to the office to receive permission to circulate within the school. A visitor's pass will be issued to authorized guests and a volunteer pass will be issued to volunteers. **Only authorized individuals and staff may circulate through the building, both during and outside of school hours.**

**Lost & Found:** We consistently have a tremendous amount of unclaimed articles left at the school. Please clearly identify your children's property as much as possible so that they may easily be returned/claimed. The "Lost and Found" is located at the bottom of the central stairwell. Please label all clothing clearly. **All unclaimed, non-uniform clothes will go to the church at the end of each term. Unlabeled, unclaimed uniform clothes will be washed and sold at a donation rate the following year.**

**Absences from school:** Please note that we appreciate children not coming to school if they are sick. If your child becomes ill during the day and is unable to stay in class, you will be required to arrange to have your child picked up. Thank you for your understanding and cooperation. If your child is absent from school, please call the office early and leave a message. We are obliged to confirm all absences, therefore if we don't receive a call, we will be calling you. If we don't reach anyone, the absence must be justified in writing by a note given to the homeroom teacher upon your child's return to school. If the child will be absent for an extended period, please contact your child's homeroom teacher. Please note that the only school absences authorized under law are for illness, death in the family, court appearance or medical appointments. If your child will be absent for any other reason, this should be arranged in advance and receive prior approval from the office. **Please understand that homework cannot be provided without advance notice and reasonable preparation time for the teacher.**

**Head Lice:** Unfortunately, head lice frequently spread among school children. It is important that everyone understand that head lice are not discriminatory and we are all susceptible...having head lice is in no way a reflection of one's personal hygiene.

While there is no foolproof way to prevent head lice, the following practices may help to reduce the spread of head lice:

- prompt detection and thorough treatment as per Santé Public guidelines (check your child's head regularly...ie. twice weekly...)

- keep long hair tied and/or pinned back
- do not share head gear
- keep gym clothes/change of clothes in a sealed bag when not in use and wash on a weekly basis
- do not share clothing
- avoid head to head contact
- keep winter hats, caps and scarves in coat sleeves when not in use
- **contact the school and/or daycare immediately when you detect lice or nits**
- **If your child has live lice, you will be contacted to pick up your child. Letters will be sent out to classes where lice has been found as a preventative measure.**

Dealing with head lice is costly, time consuming and often stressful for families. With everyone's cooperation in early detection and thorough treatment, we can assist each other in keeping the spread to a minimum...thereby making it a winning situation for everyone!

**Newsletters:** In an effort to reduce paper use and unnecessary photocopies, we will not issue copies of all documents to all children in a family. We will issue documents to the **youngest child in the family. We will continue sending newsletters via email to all families with email addresses. We would like to ask that you provide us with your email address if interested in receiving electronic version of the newsletters.** Monthly Newsletters will also be posted to the web site ([www.etsb.qc.ca/knowlton](http://www.etsb.qc.ca/knowlton)) and on our Facebook page. Other important information will be posted on our website and Facebook page, as well. **Please check it regularly.** If you want updates of events going on at Knowlton Academy, please join the Facebook group 'Knowlton Academy Now'.

**Facebook and other Social Medias:** Please, please, please, if you have an issue/problem concerning Knowlton Academy, let the teacher and/or the office know and we will work it out/deal with it, resolve the issue, etc. I am always just an email away. ([gorer@etsb.qc.ca](mailto:gorer@etsb.qc.ca)) Using social media to air your issues is not productive, often starts a chain reaction of very negative comments (many untrue) and puts us in a very bad light, most often unfairly. Nobody is perfect and sometimes unfortunate things happen, but we resolve them quickly. We take your children's safety, security and well-being very seriously. We have put strict procedures in place for end of the day dismissal. We take bullying seriously and we love your children. Use social media to promote our school and all the great things happening here. Tell us any issues personally please. Thank you for your understanding and co-operation.

**School and Gym Uniforms:** School uniform/dress code is mandatory for Kindergarten through Grade 6. Secondary 1's do not have to wear the K.A. uniform but must dress respectfully on a daily basis. Tops are solid navy t-shirts or polo shirts with **NO LOGOS**). Sweaters and "bottoms" must be in compliance with the uniform policy as

well. Pants, skirts, jumpers, etc. are to be black or navy blue, jeans are acceptable. (not excessively ripped) Consequences will be applied in cases where the child is not complying with the school policy. Students will lose their Friday free dress for that week if they don't comply with Monday to Thursday uniform.

The **gym uniform** will change this year to black shorts and purple t-shirt and is also compulsory for Grade 3 – Sec. 1. These are available for purchase through Toro Graphix, a local business situated at 605C Knowlton Rd. No gym uniform is required for kindergarten. Grade 1 and 2 is optional but encouraged. During the transition, we will still accept the grey t-shirt and purple shorts for this year, except for team sporting events.

**Free Dress Friday:** On Friday's, the students do not need to wear their school uniforms. Their clothing choices do need to be appropriate and respectful! The Free Dress Friday privilege will be lost that week for any students not wearing their uniform on the other 4 days. **Hats** are not to be worn in school. They may be put on when getting dressed for recess, lunch or at dismissal. We would appreciate if all adults remove their hats in the school, as well, to set a good example. **Gum** can only be chewed in class with permission. It must be thrown out before leaving the class room.

**Cellphones:** If your child brings a cell phone to school, it is to be kept in their bookbags. Cell phones that are being used during the day, will be taken away and held by the teacher until the end of the day. Please do not call or text your child during the day. For **Emergencies**, call the office. Thank you for your cooperation.

**Knowlton's Rules to Live By:** Our Rules to Live By will be sent home shortly. Please go over these with your child and sign and return the bottom of the cover letter. Please know that we take bullying and violence seriously at K.A. You will find our rules and reporting forms on our web-site. There are 3 bully reporting boxes in the school which I check regularly. The students also know they can come to me or any staff member and we will help them! Please regularly check your child's Facebook page and social media and internet use. Cyber-bullying is serious and will be dealt with as seriously! \*Please note that no students under 13 should have their own Facebook page.\* There is only one incident report (major infractions) this year.

**Merit cards:** The students receive merit cards for a variety of reasons and good deeds over the year. Three merit cards can be cashed in for a tea party, game or story with Mrs. Gore or a small fun item. Five merit cards can be traded for a book or a bigger fun item of their choosing. **Secondary 1's** will have their own merit card system this year. As the oldest in the school, they will also continue to have certain privileges. Our Secondary 1 students act as role models for the younger students and will have certain responsibilities building their leadership skills. Our Secondary 1's will be helping the students trade in their merit cards 2 recesses a week.

**Dance:** We will once again be offering an excellent Dance Program for Cycle 3 – Sec. 1, led by Heather Croghan. More details to follow.

**Music:** We hope to be continuing violin lessons this year and hopefully we will offer guitar lessons, as well, during the winter months. We hope that those taking music lessons last year will continue this year. We hope new students will join, as well. More details to follow.

**Term Dates:** Our Interim Report will go out on October 10. Term 1 Reports will be on the parent portal on November 13 and Term 2 Reports February 12. Term 3 Reports will be on the parent portal on June 30. Report cards will be sent electronically to all those with email addresses. Paper copies will only go to those families without email addresses. Interview dates are Term 1 – November 20 and Term 2 – February 20.

**Playground:** Our dek hockey rink was lined at the end of last year thanks to a grant from the town. Once again, Nathalie Chisholm and family repainted some of our older best beloved equipment in the playground. We also have 2 spike ball games.

**Coffee and Conversation with Mrs. Gore:** I would still like to do this this year. Coffee, muffins and conversation. More details soon. If you like this idea, please send me a quick email saying you'd attend if offered and which topics you'd like.

**Our K.A. Mantra**

**And as an 'I' statement**

*Dream*

*I Dream*

*Believe*

*I Believe*

*Work*

*I Work*

*Achieve*

*I Achieve*

Our mantra (short, meaningful and memorable) is very much part of our lives at Knowlton Academy. It goes beautifully with our longer school motto that hangs in our outdoor classroom.

*Dream Big*

*Work Hard*

*Persevere*

*Have Someone Who*

*Believes in You*

*And You Will Be*

*Successful*

*Missisquoi Community School*  
*Ecole Communautaire de Missisquoi*

COWANSVILLE, QUE.  
2019

Bad boys and girls of the Bible	David Lefneski
Bridge (Play on the hand and defense)	Carol Potter
Bridge (Beginners)	Pat Oliver
Cards (500)	Josee Streule
Chair caning	John Hodge
Country Heat	Tammy Drew
Creative Writing & Storytelling	Bee Santori
Completing a handicraft project	Rose Highfield
Crocheting & Knitting	Grace Hadlock
Digital Photography	Brian Allen
French Conversation	Michel Champagne
Guitar (beginners)	Martha Lickfold, Frankie Green
Guitar (advancing beginners)	Steven King
Line Dancing	Anita Duchesneau
Local History	Michel Racicot & Louise Smith
Managing your money	Martin Wickham
Painting (Acrylic)	Daphne Whitehead
Painting (Oil)	Sandra Fortier
Psychologies of the unconscious	Danute Kuncas
Quilting	Susan Dover
Stained Glass	Jeff Page

This school is for adults, 16 and over,      Cette école est pour les adultes, 16 ans et plus.

**DATE:**                      Registration: Thursday, September, 26, 2019 at 7:30  
                                    Inscription: jeudi, 26 septembre 2019 à 19:30  
                                    Classes every Thursday at 7:30 from September 26 to December 5.  
                                    Cours chaque jeudi à 19:30 du 26 septembre au 5 Décembre  
                                    There will be no classes on Nov. 14  
                                    Il n'y aura pas de cours le 14 nov.

**PLACE:**                    Heroes Memorial School, 317 South Street, Cowansville.  
                                    École Heroes Memorial, 317 rue Sud, Cowansville.

**COST/COÛT:**             \$15.00 per person for the 10 weeks.  
                                    15.00\$ par personne pour les 10 semaines.

**SOCIAL HOUR:**        With coffee, tea and cookies after each class at 9:00.  
                                    Please help the environment by bringing your own cup.

**HEURE SOCIALE:**      Avec café, thé et biscuits après chaque cours à 21:00.  
                                    S.V.P. aidez l'environnement en apportant votre propre tasse.

All classes will begin on registration night.  
Supplies, where needed, will be provided by the student.  
Le premier cours aura lieu le soir de l'inscription.

Le matériel requis pour les cours, si nécessaire, doit être fourni par l'étudiant.

INFO: 450 266-1986      450-266-2008              450-263-6130      450-263-9082

Facebook: Missisquoi Community School

## **The Special Education Advisory Committee Wants You!**

The Special Education Advisory Committee (SEAC) advises the school board on its organization of services for students with special needs, educates parents as well as encourages them to become involved in their child's school experience.

Parents of students with special needs constitute the majority of members on this committee. The SEAC Chairperson and Parent Commissioner are selected from parent members of this committee. Other members represent the various professional and support groups in the ETSB.

The committee allows you to meet and talk with others who have the interest of children with special needs at heart. Meetings are held monthly in Magog at the Eastern Townships School Board Office between 7:00 and 9:00 p.m. Mileage compensation is available.

If this committee interests you, please ask your school principal for an application brochure or call the Director of Complementary Educational Services, Emmanuelle Gaudet, at (819) 868-3100 x55035 to give your name or to ask for clarification. Forms should be returned to your school principal by October 3, 2019



## August/September 2019 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				29 Corn Roast	30 NO CAFETERIA (BROME FAIR)	31
	2 Labor Day	3 Tomato soup, grilled cheese and bacon	4 Mini salad bar	5 Spaghetti and garlic bread	6 Chicken burgers and macaroni salad	7
8	9 Macaroni and cheese, cooked veggies	10 Pork and beef sausage, mashed potatoes, veggies	11 Chicken tacos, raw veggies	12 Mini salad bar	13 Party burgers, raw veggies	14
15	16 Sloppy Joes, raw veggies	17 ½ club Greek potatoes	18 Sweet and sour meatballs and rice	19 Chicken pie, mashed potatoes	20 NO SCHOOL PED DAY	21
22	23 Tacos, raw veggies	24 Penne noodles with vegetarian spaghetti sauce	25 Fish chowder, French bread	26 Chicken curry with white rice	27 Lasagna and Caesar salad	28
29	30 Chicken pie, mashed potatoes					

Cafeteria Prices 2019-2020

<b>Complete meal: (Soup, Main plate, dessert and water, milk)</b>	<b>\$5.00</b>
Main Plate only	\$4.00
Soup of the day	\$2.00
Large Soup of the day	\$3.00
Sandwich (egg, ham, chicken)	\$3.00
Grilled Cheese	\$2.50
All snacks/dessert	\$1.00
Milk, juice	\$1.00
Yogourt	\$1.00
Fresh fruit	\$1.00
Daily muffin	\$1.00
small salad (bowl) upon request (no refills)	\$2.50
Large Teacher's salad plate upon request	\$4.00

Starting in October, mini salad bar will be available every day from Tuesday to Friday. \$5.00 includes soup, salad bar, drink and dessert.

For any questions or comments, please contact Wanda Willis at school.

Thanks